**Monday** detailed plan in the laboratory, **start 13:00 end 15:00**

**Two groups**:

**Group 1: Emilie, Zhara, Ece**

**Group 2: Philipp, Pablo, Djawed and Birgit**

Group 1 goes to Metabolomics lab with Mette and Natalja: Instrument presentation/software presentation, takes app. 1 hour

Group 2 goes to sample preparation lab with Kasper and Mihai: 20 urine samples per group have to be prepared according to the protocol (urine untargeted metabolomics), takes app. 1 hour

At app. 14:00 the groups switch places

Break 15:00 to 15:30

**After 15:30 and until 18:00**

**Two groups**:

Group 1: Pilipp and Zhara go with Natalja to sample preparation lab in D23 for preparation of wheat and tea samples

Group 2: Emilie, Djawed and Ece go with Mihai to sample preparation lab for preparation of milk samples

Dinner at 18:00 pm (Foulum)